



DISASTER SUPPLIES KIT



Canned Food Items:	Personal Hygiene Items:
<input type="checkbox"/> Tuna <input type="checkbox"/> Chicken <input type="checkbox"/> Chili <input type="checkbox"/> Canned Pasta <input type="checkbox"/> Soups <input type="checkbox"/> Vegetables <input type="checkbox"/> Juices <input type="checkbox"/> Fruit <input type="checkbox"/> Peanut Butter	<input type="checkbox"/> Toothbrush <input type="checkbox"/> Toothpaste <input type="checkbox"/> Moist Wipes <input type="checkbox"/> Hand Sanitizer <input type="checkbox"/> Toilet Paper <input type="checkbox"/> Feminine Items <input type="checkbox"/> Brush/Comb <input type="checkbox"/> Bar Soap <input type="checkbox"/> Prescription Medicine and Glasses
Other Items:	Cooking Supplies:
<input type="checkbox"/> Powdered Milk <input type="checkbox"/> Box Cereal <input type="checkbox"/> Granola Bars <input type="checkbox"/> Trail Mix <input type="checkbox"/> Jelly <input type="checkbox"/> Crackers <input type="checkbox"/> Sugar <input type="checkbox"/> Salt/Pepper <input type="checkbox"/> Zip Lock Bags <input type="checkbox"/> Water, 1 gallon per person per day for at least 3 days (drinking & sanitation)	<input type="checkbox"/> Pots and Pans <input type="checkbox"/> Charcoal <input type="checkbox"/> Lighter Fluid <input type="checkbox"/> Aluminum Foil <input type="checkbox"/> Paper Plates <input type="checkbox"/> Paper Bowls <input type="checkbox"/> Plastic Cups <input type="checkbox"/> Plastic Utensils <input type="checkbox"/> Paper Towels <input type="checkbox"/> Manual Can Opener

Miscellaneous:	
<input type="checkbox"/> Radio, FM/AM and/or Weather <input type="checkbox"/> Flashlight/Battery Operated Lamps/oil lanterns/light sticks <input type="checkbox"/> Batteries – Different sizes (Several) <input type="checkbox"/> Good Basic First Aid Kit <input type="checkbox"/> Waterproof Matches/Butane Lighters <input type="checkbox"/> Storage Containers <input type="checkbox"/> Whistle to Signal for Help <input type="checkbox"/> Trash Bags and Ties <input type="checkbox"/> Chlorine Bleach & Medicine Dropper <input type="checkbox"/> Antacid <input type="checkbox"/> Aspirin (Not recommended for children) <input type="checkbox"/> Anti Diarrhea <input type="checkbox"/> Infant Formula and Diapers <input type="checkbox"/> Copies of Important Documents	<input type="checkbox"/> Pencil/Paper <input type="checkbox"/> Corded Phone <input type="checkbox"/> Candles (Several) <input type="checkbox"/> Blankets or Sleeping Bag-each person <input type="checkbox"/> Basic Tools to Turn off Utilities <input type="checkbox"/> Plastic Sheeting <input type="checkbox"/> Duct Tape <input type="checkbox"/> Extra Clothing Items <input type="checkbox"/> Sturdy Shoes and Extra Socks <input type="checkbox"/> Work Gloves <input type="checkbox"/> Hat <input type="checkbox"/> Rain Gear <input type="checkbox"/> Books and Games for Children <input type="checkbox"/> Pet Food/Extra Water for Pets <input type="checkbox"/> Cash or Traveler's Checks and Change

Note: Chlorine Bleach - When diluted nine parts water to one part bleach, bleach can be used as a disinfectant. In an emergency, you can use it to treat water by using 16 drops of regular household liquid bleach per gallon of water. Do not use scented, color safe or bleaches with added cleaners.